

Parul®
University

Faculty
of Ayurved

KEY ACTIVITIES REPORT

DECEMBER/JANUARY 2021-22

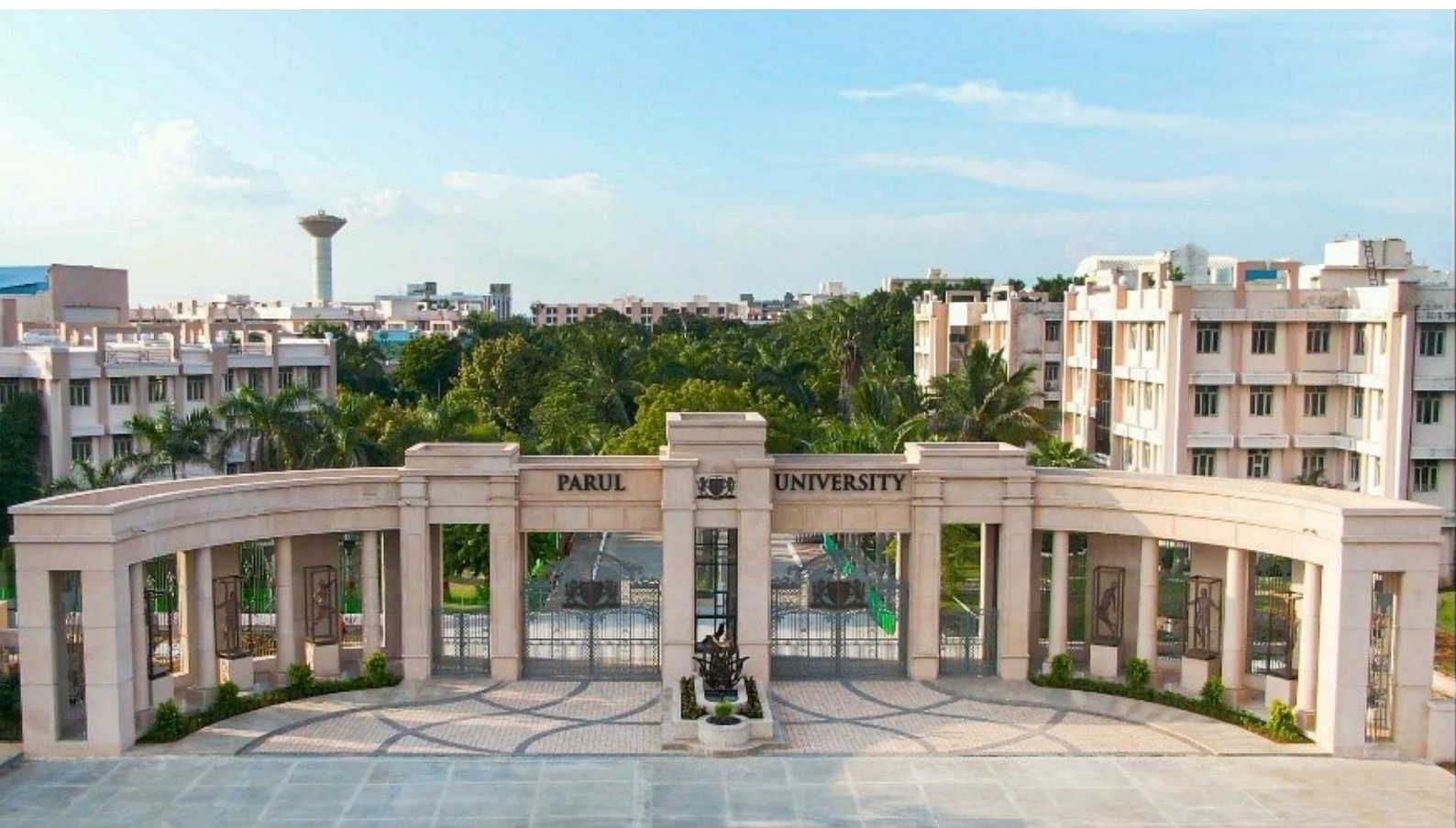
नाभिषेको न संस्कारः सिंहस्य क्रियते मृगैः।
विक्रमार्जितराज्यस्य स्वयमेव मृगेंद्रता॥

Animals do not coronate a lion through sprinkling holy water on him and conducting certain rituals. He assumes kingship (effortlessly) through his own prowess. To embed such a power and confidence in the students, Faculty of Ayurveda, Parul university have conducted various activities in the month of December and January which have ultimately rise the knowledge of students.

KEY ACTIVITIES REPORT (DECEMBER/JANUARY 2021-22)

PARUL INSTITUTE OF AYURVED AND PARUL INSTITUTE OF AYURVED & RESEARCH

"The quality of a life is determined by its activities" Recreational activities help to manage our stress. It further provides us a chance to nurture oneself. It helps to create an environment which balance between working atmosphere with physical & mental well-being. With this perspective, Faculty of Ayurveda, Parul University have worked in the month of December and January. In these months Webinar series, Podcast series, Health camps, Guest lectures, Training programs were conducted which have ultimately refreshed the knowledge of students of Ayurveda across India and it have benefitted the common public for maintaining their health by awareness program and health camps



Knowledge is only powerful if you share what you know. With this Enthusiasm more than 30 webinars were organised in the month of December and January like Bruhatyadhi Yoga in the management of Urolithiasis, Critical Review on Arka Kalpana, Abhyantara Snehapana, Neonatal Resuscitation, Application of Snehadi different procedures in Kushta Chikitsa, Karna Pareekshana Vidhi, Maggots the tiny surgeon, Shodhana of Visha Dravyas Physiology of Samhanana, Samhita for clinic practice, Diagnosis and Treatment of Snakebite., Agnikarma as Analgesics, Sutika Paricharya - A Review and Practical Aspects, Role of Ahara Vidhi Vidhan in the prevention of Lifestyle Disorders, Basics of x ray and its interpretation, Intravenous fluid therapy, Excipients in Ayurvedic formulation, Therapeutic effects of Jalaukavacharana, Ayurvedic management of Male Infertility, Rashaushadhis in Ayurvedic Practice – A Boon for Ayurveda, The concept of Obesity/Sthaulya – An Ayurvedic view, An Overview on Cancer Cervix, A critical review on endangered medicinal plants and their conservation, Yakrut Vikaras – Ayurvedic Therapeutic approach, Management of Haemorrhoids with stapler Haemorrhoidectomy – A Boon, Garbhasrava and Garbhapata – A clinical Practice and review



PhD Scholars Webinar Series
Organized by Department of Panchakarma, Faculty of Ayurved, Parul University

18 JANUARY 2022 | 02:00 PM TO 03:00 PM
Topic: Clinical Applicability of Lepa Chikitsa

Expert Speaker:
Dr. DIVYA B
Associate Professor,
Dept of Panchakarma,
Parul Institute of Ayurved and Research,
Parul University, Vadodra Gujarat

Co-ordinator: **Dr. Nilam Deore**
Associate Professor,
Department of Panchakarma,
Parul Institute of Ayurved and Research,
Parul University, Vadodra Gujarat

Moderator: **Dr. Nirmala Sonawane**
Associate Professor,
Department of Panchakarma,
Parul Institute of Ayurved and Research,
Parul University, Vadodra Gujarat

STAY TUNED : meet.google.com/xvt-kywi-pcm

UG WEBINAR SERIES
By Department of Kaumarbhitya, Faculty of Ayurved, Parul University, Vadodra.

06 DECEMBER 2021 | 04:00 PM TO 05:00 PM

Guest Speaker:
Dr. Kirti Rathod
Associate Professor,
Department of Kaumarbhitya,
Government Ayurved College, Vadodra
Topic: Neonatal Resuscitation

Coordinator:
Dr. Dhanvika Vasavani
Associate Professor,
Department of Kaumarbhitya,
Parul University, Vadodra

Head of Department:
Dr. Suresh K. S.
MDCC Associate Professor,
Department of Kaumarbhitya,
Parul University, Vadodra

STAY TUNED : Video call link: <https://meet.google.com/kaj-otaa-lms>
Facebook link: <https://www.facebook.com/playurvedaresearch/live>

ONLINE LECTURE SERIES SHALYA TANTRA
In Association with National Sushruta Association
<http://www.nationalshrutassociation.org/office-bearers.php>
Link for Membership Registration:
<http://www.nationalshrutassociation.org/membership-registration.php>

03 DECEMBER 2021 | 07:00 PM TO 08:00 PM
Topic: Bruhatyadi Yoga in the Management of Urolithiasis

Expert Speaker:
Dr. Aswathy K
Assistant Professor,
Department of Shalya Tantra,
KMC Ayurveda Medical College,
Kozhikode, Kerala

STAY TUNED : <https://meet.google.com/vay-buaz-gwy>
<http://www.facebook.com/playurvedalectureseries/>
<http://www.youtube.com/user/dharmam/videos/> | www.paruluniversity.ac.in

"Tatva Avabodhini" UG WEBINAR SERIES
Organized by Department of Ayurveda Samhita & Siddhanta, Parul Institute of Ayurved & Research, Parul University, Vadodra.

16 DECEMBER 2021 | 10:00 AM TO 11:00 AM
Topic: Samhita For Clinical Practice

Expert Speaker:
Dr. Srinath M Vaidya
Professor,
Department of Ayurveda Samhita & Siddhanta,
Sri Dharmasthala Marjunatheshwara College of
Ayurveda & Hospital, Hassan, Karnataka.

Coordinator:
Dr. Manjula K
Associate Professor,
Department of Ayurveda Samhita & Siddhanta,
Parul Institute of Ayurved and Research,
Parul University, Vadodra, Gujarat

STAY TUNED : <https://meet.google.com/zib-uyzh-ljx>
www.paruluniversity.ac.in

Ph.D Scholars Webinar Series
Organized by Department of Kriya Sharir, Parul Institute of Ayurved & Research, Parul University

14 DECEMBER 2021 | 11:00 AM TO 12:00 PM

Expert Speaker:
Dr. Sunil P. Nikhate
Associate Professor,
Department of Kriya Sharir,
Parul Institute of Ayurved,
Parul University, Vadodra, Gujarat
Topic: Physiology of Santhanana

STAY TUNED : <https://meet.google.com/vcz-qzwa-wej>
https://www.facebook.com/playurvedaresearch/live_videos/
www.paruluniversity.ac.in

Health camps

There is incredible value in giving service to others. Parul Ayurveda Hospital & Khemdas Ayurveda Hospital organised more than 15 Health Camps with special Cardiac Camp which have benefitted more than 2000 patients.

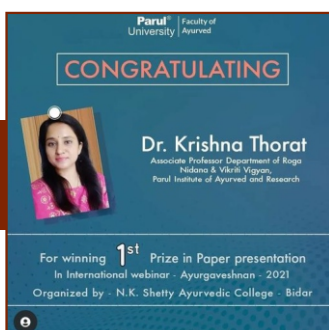
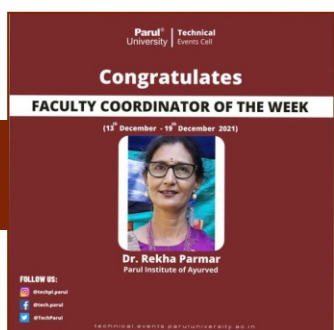


Award winners:

Dr Krishna Thorat Kulloli, Associate Professor, Dept. of Roga Nidana Evum Vikriti Vigyana, Parul Institute of Ayurveda and Research, Parul University bagged first prize in paper presentation competition in international webinar – Ayurgaveshan 2021 organised by N.K. Shetty Ayurvedic College Bidar, Karnatakas.

Dr Rekha Parmar, Professor and HOD, Dept. of Dravyaguna was Rewarded as the faculty coordinator of the week from 13th December-19th December by the Technical event cell, Parul University.

Dr Anagha Mathad, Assistant Professor, Dept. of Samhita and Siddhanta, Parul institute of Ayurveda and Research, Parul University bagged best paper presenter award in Sattvanveshanam 2022 seminar organised by NK Jabshetty Ayurveda Medical College & PG Centre, Bidar

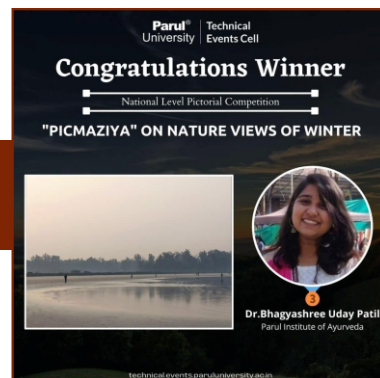
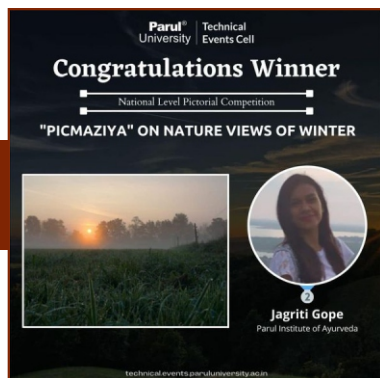
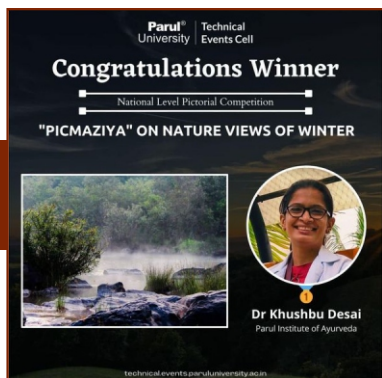


P.G Scholars, Dept. of Dravyaguna, Parul Institute of Ayurved, Parul University bagged different positions in Drugs Identification Competition- Bapaji Award (Bapaji Smruti Vanaushadhi, Abhyas Shibir, Dahuli, Maharashtra) organised at Gujarat Vanaushadhi Mandal. 1st position- Dr khushbu Desai, 2nd position- Dr Priya Mohite, 3rd position- Dr Heli Patel

Dr. Khushbu Desai, Final Year P.G Scholar, Dept. of Dravyaguna Vijnan, Parul Institute of Ayurved, Parul University for bagging 2nd place in the National Level Photography Competition- MPPC (Medical Plant Photography Contest)- Season 2 organised by Himalaya.

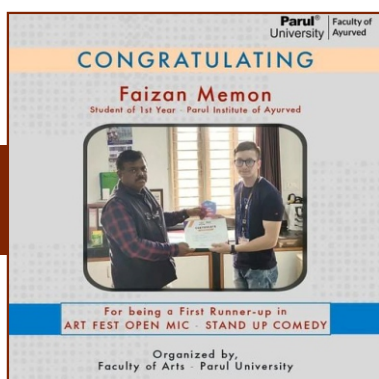
PICMAZIYA"- National Level Pictorial Competition on "Nature Views of Winter" organised by the Technical Events Cell, Parul University. 1st Prize- Dr. Khushbu Desai (P.G Scholar, Dept. of Dravya Guna Vijnan, Parul Institute of Ayurved), 2nd Prize- Dr. Jagriti Gope P.G Scholar, Dept. of Dravya Guna Vijnan, Parul Institute of Ayurved), 3rd Prize- Dr. Bhagyashree Uday Patil P.G Scholar, Dept. of Dravya Guna Vijnan, Parul Institute of Ayurved).





Faizan Memon, 1st Year BAMS student, Parul Institute of Ayurved for bagged first runner up position in Stand-up Comedy- Open Mic at Art Fest- 2021 organized by the Faculty of Arts, Parul University.

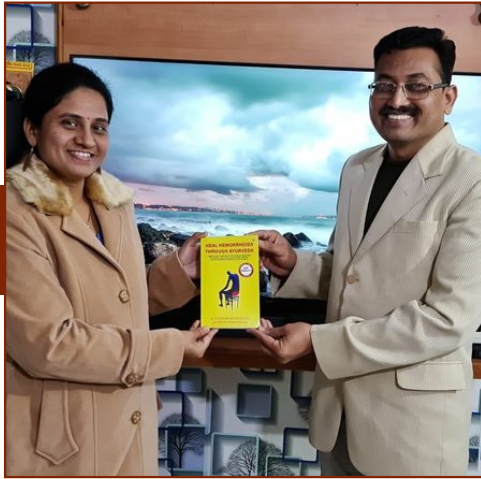
Dr. Nasrin Patel, Intern, Parul Institute of Ayurved, for being recognized as the "Best Student" for her outstanding achievements at different National & International Competitions from Competitive Examination Cell, Parul University.



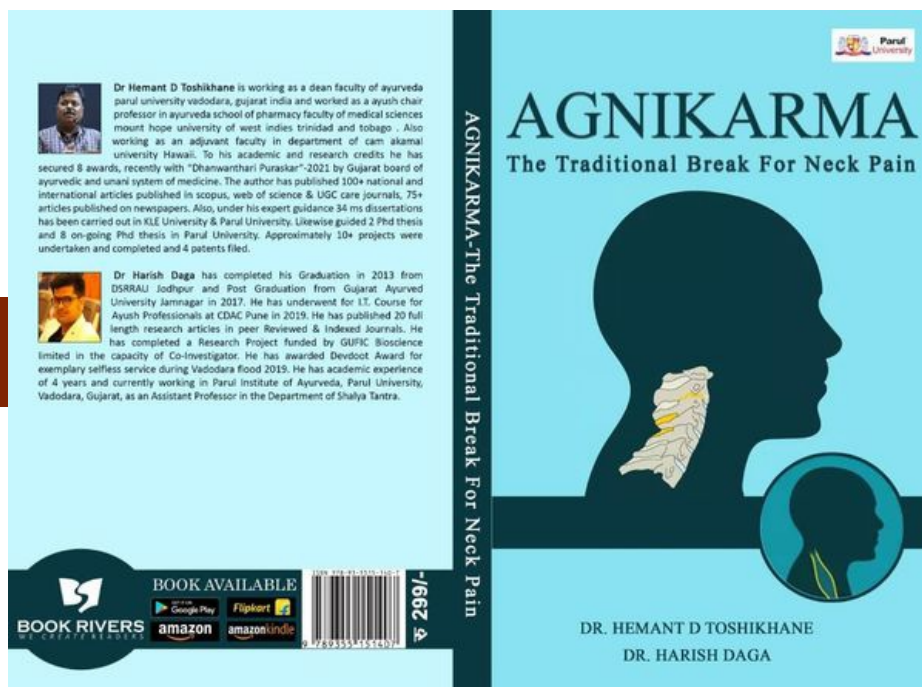
Book Publications

Sharing will enrich everyone with more knowledge with such a thought Faculties of Ayurveda have published the book. Dr Harish Daga Assistant Professor, Dept. of Shalya tantra, Parul Institute of Ayurveda, Parul University Published a Book on "Agnikarma- The Traditional Break for Neck Pain". Dr Swapnil Raskar Associate Professor, Dept of Kaumarbhritya, Parul Institute of Ayurveda, Parul University Published a Book name extbook of Bala Roga (Ayurvedic Pediatrics). Dr Vivekanand Kulloli Professor, Dept of Shalya tantra, Parul Institute of Ayurveda, Parul University and Dr Krishna Thorat Kulloli, (Associate Professor, Dept. of Roga Nidana Evum Vikriti Vijnan, Parul Institute of Ayurved & Research) Published a book "Heal Hemorrhoids through Ayurveda"





Guest speakers were also invited from various colleges across India for delivering a Guest lecture to the students of PIA And PIAR which have highly benefitted the students to gain knowledge and interest in the field of Ayurveda. Dr. M.K Madan Kumar, Assistant Professor, Dept. of Rachana Sharira, Govt. Ayurveda College, Trivandrum, Kerala delivered guest lecture for 1st year BAMS on topic Kala Sharir, Dr Vijayanath. V, Assistant Professor, Dept. of Rachana Sharira, Govt. Ayurveda College, Tripunithura, Kerala was invited to deliver a guest lecture on topic Marma Sharira for the 1st year students, Dr Chetan M, Professor, Department of Ayurveda Samhita & Siddhanta, SDM College of Ayurveda and Hospital, Hassan, Karnataka delivered a guest lecture on the topic "Understanding of Vatavyadhi" which was organised by Department of Ayurveda Samhita and Siddhanta on for 3rd Year BAMS.



Faculties of Ayurveda have published more than 10 Articles in the Scopus and Web of Science Indexed Journals in the months of January and December.

Many in house Ayurveda faculties were invited as guest speakers for delivering lectures as a guest speaker by different Universities and colleges across India.



SANSKRITI AYURVEDIC MEDICAL COLLEGE & HOSPITAL
organises
"AYURSANSKRITIYAM"
National Webinar Series
on
the occasion of
"AZADI KA AMRIT MAHOTSAV"
"हमारा आयुष हमारा स्वास्थ्य"
Importance of General Physical, Examination
in Clinical Practice

KEY SPEAKER
Dr. Sachin Deva, MD PhD Scholar
Associate Professor & HOD, Dept. of Rog Nidan
Parul Institute of Ayurveda,
Vadodara, Gujarat

Link:- <https://us02web.zoom.us/j/5306218556?pwd=RGVXdmVWZ0NEY2MwYUxabG1jWU1RQT09>
11th DECEMBER, 2021 03:00 PM Join us on **zoom**
Meeting ID : 530 621 8556
sancara@sanskriti.edu.in Password: 454545



GLOBAL
Ayurveda Conferences, LLC

CERTIFICATE OF APPRECIATION
is hereby granted to
DR. PRASANNA MATHAD
for his FEATURED presentation on: "The effect of Ksharodaka (alkaline water) in the management of Chronic Kidney Disorders" at the 45th International Conference "Ayurveda & Kidney Care" on December 1 & 2, 2021 organized by Global Ayurveda Conferences, LLC, & hosted by AAPNA – Association of Ayurvedic Professionals of North America, Inc. USA

December 2, 2021
Date

Prof. Dr. Shekhar Annambholla
Founder & Director
Global Ayurveda Conferences, LLC

GLOBAL
Ayurveda Conferences, LLC

CERTIFICATE OF APPRECIATION
is hereby granted to
DR. JAYASHEELA GONI
for her FEATURED presentation on: "Ayurveda solution for Urolithiasis: Palash Pushpa Kwath (Butea monosperma flowers decoction)" at the 45th International Conference "Ayurveda & Kidney Care" on December 1 & 2, 2021 organized by Global Ayurveda Conferences, LLC, & hosted by AAPNA – Association of Ayurvedic Professionals of North America, Inc. USA

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Date

Prof. Dr. Shekhar Annambholla
Founder & Director
Global Ayurveda Conferences, LLC

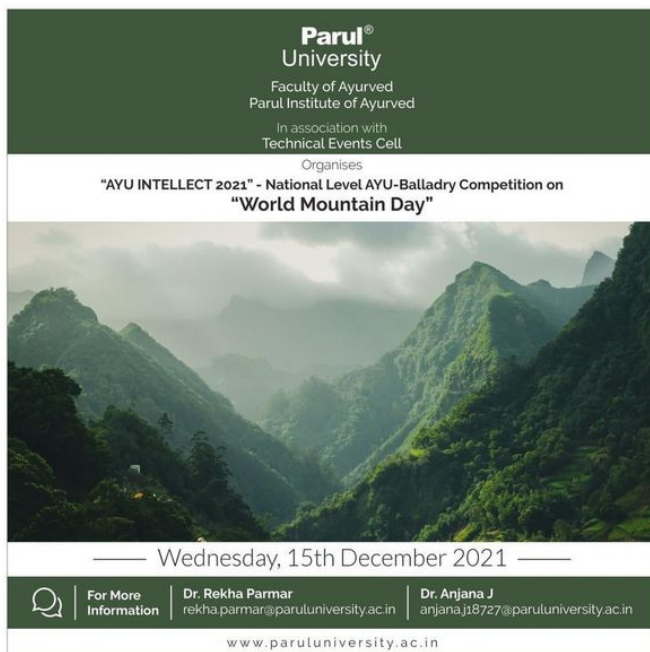
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Competitions

Faculty of Ayurveda organised Many competitions in the month of December and January which have helped the students to grow and develop their skills.





Cervical Awareness Month

Department of Prasuti Tantra and Stree Roga, Faculty of Ayurveda, Parul University celebrated Cervical Awareness month by organising web conference and free Health camp which have very useful to the public.

One day Web Conference
Organized by : Department of Prasuti Tantra & Striroga,
Parul Institute of Ayurved & Research, Parul University

Topic : Preventive Modalities in Cervical Cancer : Ayurvedic Perspective

on The Occasion of Observation of
**CERVICAL CANCER
AWARENESS MONTH**
January

07 JANUARY 2022
03:00 PM TO 04:00 PM

<p>Guest Speaker</p>  <p>Dr. Chandrakala Bagali Professor and HOD, Dept. of Koumarabritiya, Shri JGCH Ayurvedic Medical College, Ghataprabha, Belagam, Karnataka</p>	<p>Keynote Speaker</p>  <p>Dr. Jayasheel M Goni Professor, Dept of PTSR, PIAR, Parul University, Vadodara</p>	<p>Co-ordinator</p>  <p>Dr Akanksha Chandel Associate Professor & HOD, Dept of PTSR, PIAR, Parul University, Vadodara</p>
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STAY TUNED : <https://meet.google.com/gaf-ksfa-wqv>

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Success Story



SUCCESS STORY

A male patient aged 32 years from Mumbai, complaining of difficulty in sitting, standing and talking since 4 months; swelling of lower limbs and stiffness all over the body since 4 months. He had a past history of Drug induced Parkinsonism before 4 months, came to Panchakarma OPD of Parul Ayurved Hospital. He was treated with 7 days course of Udvartana, Baspa Sweda, Sodhana Nasya and Nitya Virechana. After that he was treated with Utsadana, swedana, and Samana Nasya for a period of 10 days. At the time of discharge patient was able to sit and stand properly. He was able to walk by his own and able to respond our commands verbally. There was also a significant reduction in swelling and stiffness all over the body. And patient lost around 4 kg of body weight during the course of treatment.



Consultant - Dr Mahesh Parappagoudra

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**Ayurveda
Talks**
@
PU

AYURVEDA IN PAIN MANAGEMENT IN ADOLESCENTS AND REPRODUCTIVE AGE GROUP OF WOMEN

Moderator:
Dr. Anjana
Assistant Professor,
Dravyaguna Department,
PIA



Speaker:
Dr. ASHOKAN V.
MS (Ayu) PhD,
Stri Roga and Prasuti Tantra
Department,
PIA



Talk Shows of Ayurveda Experts
An initiative by
**Parul Institute of Ayurveda &
Parul Ayurved Hospital**

Parul University, Vadodara
Contact: 9099997082

<https://www.facebook.com/parulinstituteofayurveda>
<https://www.youtube.com/users/drhemanth/videos/>
www.paruluniversity.ac.in





CHIEF EDITOR

Dr. Hemant D. Toshikhane

Dean, Faculty of Ayurved,
Parul University



CO-EDITOR

Dr. Sachin Deva

Reader, HOD Dept. of Rognidan,
Parul University



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